



Roam Wild Adventure

DREAM, BELIEVE, ACHIEVE

CLOTHING AND GEAR PACKING LIST FOR MOUNT KILIMANJARO

Clothing

- 2-3 long sleeve moisture-wicking shirt
(merino wool preferred)
- 1-2 warm, moisture-wicking long underwear
(merino wool preferred)
- 1 short sleeve moisture wicking shirt
- 1 warm fleece pants
- 2 hiking pants
- 1 shorts (optional)
- 4 moisture-wicking underwear
- 2-3 sports bra (women)
- 4 socks (merino wool preferred)

Outerwear

- 1 Insulated hooded jacket (down or warm synthetic)
- 1 soft mid-layer jacket (fleece or soft shell)
- 1 waterproof rain jacket (Gore-tex preferred)
- 1 waterproof rain pants (with side zippers)

Headwear

- 1 warm wool or knit hat
- 1 brimmed hat for sun protection
- 1 neck gaiter

Footwear

- 1 Hiking boots (warm, waterproof)
- 1 Boot gaiters (waterproof)

Paperwork

- Passport
- Visa
- Trip receipt
- Insurance documents
- Vaccination documents

Accessories

- 1 sunglasses
- 1 waterproof backpack cover
- 1 water bottle, 1L (Nalgene or similar)
- 1 hydration bladder (3L)
- 2-3 dry bags/stuff sacks or ziplocks
- 1 pee bottle

Equipment

- 1 very warm 4 season sleeping bag*
- 1 inflatable sleeping pad (for comfort)
- 1 inflatable camping pillow
- 1 trekking poles highly recommended
- 1 headlamp with extra batteries
- 1 90L duffel bag (for porters to carry)
- 1 30L-40L daypack (for you to carry)

Other Miscellaneous

- Toiletries
- Medications/prescriptions
- Sunscreen
- Lip balm
- Insect repellent with DEET
- First aid kit
- Toilet paper
- Hand sanitizer
- Wet wipes
- Snacks, lightweight, high calorie
- Electrolytes
- Camera with extra batteries
- Portable charger

*Can be rented from us on location, payable in US dollars.